



EICHER SCHOOL FARIDABAD

MENU PLAN

2023-24

APRIL

1st and 5th Week

| | |
|-----------|---------------------|
| Monday | Any Parantha |
| Tuesday | Paneer/ Aloo Mattar |
| Wednesday | Rajma/ Chana |
| Thursday | Veg. Sandwich |
| Friday | Child's Choice |

2nd Week

| | |
|-----------|---------------------------------|
| Monday | Dosa/Uttapam |
| Tuesday | Palak/Mushroom |
| Wednesday | Cauliflower/Cabbage |
| Thursday | Broccoli/ Pumpkin |
| Friday | Stuffed Parantha/ Veg. Sandwich |

3rd Week

| | |
|-----------|---|
| Monday | Aloo Puri |
| Tuesday | Spring Onion / Capsicum |
| Wednesday | Any Besan Dish |
| Thursday | Cabbage/ Lobia |
| Friday | Mix Pakora / Vada with mint/coriander chutney |

4th Week

| | |
|-----------|-------------------------------------|
| Monday | Brinjal/Carrot |
| Tuesday | Any Paneer dish |
| Wednesday | Mix Veg./ Beans |
| Thursday | Tori/Pumpkin |
| Friday | Veg. Cutlets with Chutney of choice |

Fruit Break

| | |
|-----------|-------------------|
| Monday | Kiwi/Papaya |
| Tuesday | Plum/Apple |
| Wednesday | Mulberry/Grapes |
| Thursday | Banana/Guava |
| Friday | Melon/Pomegranate |